



## Organization TIPS!

**Choose a System:** Use a planner, app, or combo that you enjoy.

**Establish a Routine:** Update and review your system regularly.

**Prioritize Organization:** Make staying organized a key focus.

**Keep It Simple:** Use a straightforward system you'll stick with.

## Active Participation TIPS!

**Active Listening:** Improve your listening skills with eye contact, nodding, and note-taking to stay engaged and participate confidently.

**Raise Your Hand:** Share your thoughts or answer questions often—it gets easier with practice.

**Connect and Contribute:** Relate lessons to your experiences to make sharing more meaningful and fun.

**Prep and Practice:** Review material ahead of time, note key points, and practice expressing your ideas to feel prepared.

## Study Skills TIPS

**Effective Study Techniques:** Summarize in your own words, teach others, or use flashcards.

Test yourself with quizzes or sample questions.

**Organize Notes:** Keep materials tidy for easier review and retention.

**Prioritize Information:** Highlight key concepts and focus on main ideas

## Active Participation TIPS!

**Team Communication:** Share ideas clearly and listen to others to stay aligned.

**Problem Solving:** Seek help when needed—it shows strength, not weakness.

**Sharing Ideas:** Express your thoughts confidently; your perspective matters.

**Time Management:** Focus on priorities and stick to a plan to stay on track.

**Resilience:** Keep trying, adapt, and celebrate progress.

**Responsibility:** Own your actions and learn from mistakes.

**Integrity:** Show strong character and act ethically, even during challenges.



w/ the Adventures of  
Rusty the Greyhound