



Organization TIPS!

Choose a System: Use a planner, app, or combo that you enjoy.

Establish a Routine: Update and review your system regularly.

Prioritize Organization: Make staying organized a key focus.

Keep It Simple: Use a straightforward system you'll stick with.

Active Participation TIPS!

Active Listening: Improve your listening skills with eye contact, nodding, and note-taking to stay engaged and participate confidently.

Raise Your Hand: Share your thoughts or answer questions often—it gets easier with practice.

Connect and Contribute: Relate lessons to your experiences to make sharing more meaningful and fun.

Prep and Practice: Review material ahead of time, note key points, and practice expressing your ideas to feel prepared.

Study Skills TIPS

Effective Study Techniques: Summarize in your own words, teach others, or use flashcards.

Test yourself with quizzes or sample questions.

Organize Notes: Keep materials tidy for easier review and retention.

Prioritize Information: Highlight key concepts and focus on main ideas

Active Participation TIPS!

Team Communication: Share ideas clearly and listen to others to stay aligned.

Problem Solving: Seek help when needed—it shows strength, not weakness.

Sharing Ideas: Express your thoughts confidently; your perspective matters.

Time Management: Focus on priorities and stick to a plan to stay on track.

Resilience: Keep trying, adapt, and celebrate progress.

Responsibility: Own your actions and learn from mistakes.

Integrity: Show strong character and act ethically, even during challenges.



w/ the Adventures of
Rusty the Greyhound